



Friday 9th February

Tunstead Primary Newspaper

Strong Foundations; Bright Futures

SCHOOL MESSAGE

This week has been Children's Mental Health Week 2024, with this year's theme being 'My Voice Matters'. **My Voice Matters** is about empowering children and young people by providing them with the tools they need to express themselves.

As parents and carers, you play an important role in your child's mental health.

This year, the aim is to empower children of all ages, backgrounds and abilities to work together to create a positive change for their mental health and wellbeing. For Children's Mental Health Week, we want all children and young people to be able to say – and believe – "My Voice Matters."

As part of the national campaign around Children's Mental Health Week, there are a number of helpful resources for families that can be accessed here - <https://www.childrensmentalhealthweek.org.uk/families/>. We have also attached some helpful resources to this email.

Should you ever have any concerns about your child's mental health, then you can reach out to staff in school, your GP or the Just One Norfolk website <https://www.justonenorfolk.nhs.uk/emotional-health/children-young-people-s-emotional-health/> or phone line **0300 300 0123**.

And finally, we are also always here to help the adults too. If you are having difficulties with your mental health or just finding things more of a challenge than normal, then please know we are here to listen and help should you need someone to speak to.



DATES FOR THE DIARY

February

13th - Shrove Tuesday, pancakes for school pudding

14th - Valentines Day, heart shaped biscuits for school pudding

15th - Friends Valentines Disco

16th - Cake sale after school

19th - 23rd Half term

March

5th - Yr 6 STEAM trip

9th - Friends Jumble Sale
10:00am—12:00pm

19th - Tag rugby tournament

26th - Friends Easter Fayre

27th - Last day of term

April

15th - Back to school

17th - Birch class start swimming

24th - Cluster netball St John's

CLASS UPDATES

	OAK	SYCAMORE	CONIFER	BIRCH
Class Attendance	96.67%	90.94%	97.69%	94.95%
	A reminder to please bring your phonics books in so they can be read in school and changed. Thank you	Sycamore had a blast in trying to recreate a Picasso-style portrait of a friend in Art this week!	We have enjoyed learning about measure and area this week in maths	A huge well done to Birch this week for working hard to complete a range of tests!

Celebrating Success

Headteacher's

Award

Oscar & Alysia for their respect and kindness in the dining hall, helping out to keep it a clean and tidy space



Class Gold Book Award Winners

Oak - **Isla** for her confidence and perseverance in phonics this week

Sycamore - **Eva-Rose** for her self-growth and maturity - she always gets on quietly and tries to do her best even when things are difficult.

Conifer - **Maya** have the Gold Award for her mature attitude to her work and kindness to everyone.

Birch - **Evie** for always persevering and being determined to complete any given task to

House Points

1st - 736 Honeysuckle

2nd - 609 Poppy

3rd - 570 Bluebell

4th - 446 Buttercup

School Council

Next week will be the first cake sale, starting with those in Poppy. You will have received a text if your child is in this house. Please can you bring or buy cakes to help with fundraising for our school and the Blg C. Cakes will be on sale after school Friday 50p each

Tunstead Friends

FRIENDS OF SCHOOL PRESENTS
(CHARITY NUMBER 1039818)

Valentine's DISCO

Thursday Feb 15th

3.15-4.15PM
OAK AND SYCAMORE CLASSES

4.30-5.30PM
CONIFER AND BIRCH CLASSES

Tickets £2.50
in advance via bopp
<https://bopp.app/link/5jpxq>

GAMES MUSIC WITH CONNECTIONS SNACKS

OAK CLASS PARENTS MUST ATTEND

Excitement is building for next week's Valentine's disco. Tickets are still available via Bopp. Oak children need to be accompanied by their parents. Sycamore children need to bring their disco clothes with them in the morning and staff will help them get ready.

Friends are now preparing for our first jumble sale on Saturday 9th March. We are looking for donations of good quality men's, women's and children's clothes which can be brought to school anytime until Tuesday 4th March.

Many thanks for your continued support.

friends need your help to stock our jumble sale

Clothing Donation



We need good quality men's, women's and children's clothes.

Forest School

We have been busy at Forest School this week. A delivery of fresh willow has enabled us to craft some great designs. Butterflies, stars and fish complete with a fishing rod were a real favourite.

Mudpie Kitchen. The children really enjoy this area at Forest School but we are in need of Wooden bowls, spoons and cooking utensils for them to get creative. Any donations will be gratefully received.

