

Tunstead Forest School

Skills	EYFS	Key Stage 1 (yr 1,2)	Lower Key stage 2 (yr 3,4)	Upper Key stage 2 (yr 5,6)
Natural Knowledge	<ul style="list-style-type: none"> To Identify Toxic Plants (Never Trust a Fungi). To Respect the wildlife environment, Inc discussions on World Earth day. (Litter picking etc) To Learn about different habitats. Bug hunting etc Learn a range of natural Craft, including mud painting, natural dyes, printing. Use clay to make natural crafts Gardening- Learning the life cycle of a seed. Planting seeds and helping them to grow. Eating the crops from our garden 	<p>(Plus)</p> <ul style="list-style-type: none"> Identify different types of trees and plants. To identify different Species of birds and other wild life. Discover what is in our pond. Life cycles of butterflies and frogs. Learn about different parts of flowers and what they need to grow. A greater depth of how seeds grow within the school garden. Seed dispersal 	<ul style="list-style-type: none"> Conservation work in school. Trimming hedges etc Discussions about the weather- water cycle 	<ul style="list-style-type: none"> Discussions on climate control Discussions about local tourism. What is the impact on our local environment, Local nature reserves/ Norfolk In depth look at parts of flowers/ minibeasts etc Soil types
Orienteering and outdoor navigation. Physical development	<ul style="list-style-type: none"> Free exploration and be able to say what they see in different directions when outside. Explore and be active in the woods. Physical Activity: Run, walk, climb, crawl. Build stamina to carry/ roll heavy items (watering can, logs etc) 	<ul style="list-style-type: none"> Use simple Compass direction (N, S, E, and W). Use directional language (Near, far, left right, under, over) Use/make simple maps (pirate treasure map) 	<ul style="list-style-type: none"> Work with a partner or small teams to navigate the school grounds Participate and set up an army type assault course Independent fine motor control (weaving etc) 	<ul style="list-style-type: none"> Compass bearings and pacing
Fire lighting and outdoor cooking.	<ul style="list-style-type: none"> Learn how to be safe around a fire. Build a fire with an adult including collecting fuel. Group cooking on a fire with supervision (hot chocolate, apple crumble etc). Toast a marshmallow on a large fire. 	<ul style="list-style-type: none"> Use a flint and steel to light a small individual fire. Toast a marshmallow, Cook a pancake Understand the fire triangle. Encouraged to follow instructions to make an independent hot chocolate (adult supervision) 	<ul style="list-style-type: none"> Cooking more independently simple pre-prepared meals. Learn how to extinguish a fire with adult support. 	<ul style="list-style-type: none"> Use outdoor stoves (kelly kettle) Plan a meal and cook outdoors.
Knots	<ul style="list-style-type: none"> Tie a simple bow (shoe lace) Helping to design and tie knots on play equipment ie rope ladder and swings (Adult supervision) 	<ul style="list-style-type: none"> Granny knot -> reef knot Overhand knot -> Figure 8 Half hitch -> round turn and two half hitches. 	<ul style="list-style-type: none"> Clove hitch. Lashing 	<p>(plus)</p> <ul style="list-style-type: none"> Use knots and wood to make a rope ladder. Use knots and wood to make a small picture frame.
Den building	<ul style="list-style-type: none"> Building dens for small fictional creature/toys Use pegs and ropes to add tarp to Den building area. 	<ul style="list-style-type: none"> Supported construction Lean to shelters 	<ul style="list-style-type: none"> Use tarps and lashings to build a simple shelter/basha. Put up a tent. 	<p>(plus)</p> <ul style="list-style-type: none"> Build a longer lasting structure or station.

Tools	<ul style="list-style-type: none"> Use a bow saw to cut wood (All adult supervision) Use a palm drill to make a hole Use a hammer to knock in nails into wood Use a mallet for printing crafts 	<ul style="list-style-type: none"> As EYFS with some independent use depending on ability 	<ul style="list-style-type: none"> Encourage independent use of tools provided safely following the 'blood bubble' rules Encourage more in depth crafts for a sustained amount of time (Over a few weeks) Knife whittling 	<ul style="list-style-type: none"> Independent use of tools Independent cleaning of tools when finished Knife whittling
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Communication and Language	<ul style="list-style-type: none"> Promote sensory experiences to help different language. Circle time- encourage all children to join in 	<ul style="list-style-type: none"> Promote role play activities (linked with class curriculum ie Traditional Tales) Encourage story time in Cabin with the use of 	<ul style="list-style-type: none"> Encourage more in depth conversations Independent use of books 	<ul style="list-style-type: none">
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	<p>conversation about a given subject ie minibeasts</p> <ul style="list-style-type: none"> ● Give each child their individual time to speak 1:1 in activities ● Encourage chatting around the fire ● Encourage questioning ● Encourage role play (Dragons, fairies etc) 	<p>puppets</p> <ul style="list-style-type: none"> ● Circle time during each session ● Taking turns- talking stick to enable all to have a voice 		
Personal, social and emotional	<ul style="list-style-type: none"> ● Form bonds with peers during activities ● Form bonds with adults ● Encourage positive behaviour ● Manage feelings (discuss problems on their level) ● Promote the respect of both nature and their friends around them 	<ul style="list-style-type: none"> ● Form bonds with adults and peers ● Encourage self-confidence with 'have a go' activities ● Children encourage to use own initiative 	<ul style="list-style-type: none"> ● 	<ul style="list-style-type: none"> ● Social stories aimed at preparing for High School (Worries) ● Using a quiet space to talk to adults

Activities

Natural Knowledge

EYFS	Year 1/2	Y 3/4	Y5/6
Natural Knowledge			
Mud kitchen Mud printing Natural dyes-charcoal paint Bark rubbing. Bug hunting equipment Books and story telling gardening bird feeders	Mud kitchen Tree/ wild flower survey Bird watching (hide) Pond dipping. Scavenger hunt Leaf printing nest building gardening Bat and moth game Recycling game seed growing bushcraft pen and ink nature camera bird feeders	Pond dipping Wild flower survey Nature pictures/ living books	Pond dipping and independent identifying using a name trail Soil sampling Environmental issues Hapa zone nature journals
Orienteering and outdoor navigation- Physical development			
Assault course Tyre scramble on field Digging Tyre rolling Skipping Hammock Crafting	N, S, E, W game (field) Make a trail in the forest (pirate map) loose part building Micro journey	Star orienteering (8 point, field?). Treasure hunt (map) Orienteering Micro journey	Star orienteering (bearings, field?). Treasure hunt village (map) Orienteering (field)
Fire Lighting and outdoor cooking			
Hot chocolate Toasting marshmallows Popcorn Pancakes Toasted waffles	pancakes Smores Pizza Veg soup hot chocolate Damper bread	pasta and veg pizza	Plan and cook a 3 course meal.
Knives and tools			
Cut wood Tree cookie medals/ necklaces Make animals Spider webs Pets Fishing rods Apple scooping	Nail weaving Nail hedgehogs Aliens Pets Bow and arrow Frame making for weaving Fishing rod gardening recycled bottle spinners	Animals gardening tool use (secateurs, loppers etc) Whittling crafts	gardening (secateurs and loppers) Wooden vehicle Animals Making mobiles Dream catchers Whittling Christmas characters/ skittles
Knots			
Shoe lace trainer	Shoe lace trainer Reef knots Figure 8 Round turn and two half hitches	Clove hitch Lashing	Ladder hitch Square lashing
Den building			
Simple den building with pegs and tarp	Make lean to	Make basha	Throwing range Fire shelter Washing station? Bird house?

Communication and language			
Circle activities on field at start ie Duck, duck goose Name game Who are you? game Hide and Seek 123 Where are you? Potions listening walk	Parachute activities (Cat and mouse) Games on field Potions storytelling story stick	storytelling	

Social and emotional			
Games on field	Circle time	circle game	circle game

Circle time Singing Puddle play	Cloud gazing- quiet time Team spider web game		Team challenges
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